

Training Programmes 2022 – 2023

Various training programs were conducted for third year and second year students during July 2022 – April 2023.

1. The following training programmes were conducted through offline mode by our staff members on 22.07.2022

Copy of Schedule

Virudhunagar S.Vellaichamy Nadar Polytechnic College (Autonomous),
Virudhunagar-626001.

TRAINING CELL

30-06-2022

The CATWALK TO ENGINEERING COURSES are scheduled for All II YEAR & III YEAR STUDENTS on 22-07-2022. The concerned department Training coordinators are instructed to inform the same to all III YEAR STUDENTS without fail. The Trainers and Students are advised to strictly follow the COVID-19 protocol.

For Third Year

S.No	DATE & TIME	BATCH	TOPIC	RESOURCE PERSON	SUPPORTING STAFF
1.	22-07-2022 & 11:00 AM To 12:30 PM	BATCH-I (MECHA-A BATCH)	GOAL SETTING	Mr.K.Ramalingam Lecturer/CT	Mr.M.Manikandan Lecturer/Mech
2.		BATCH-II (MECHA-B BATCH)	GOAL SETTING	Mrs.R.Priyanka Lecturer/GT	Mr.M.Manikandan Lecturer/Mech
3.		BATCH-III (EEE-A BATCH)	GOAL SETTING	Mr.M.Kalidossbabu Lecturer(SS)/CT	Mr.D.Saravanakumar Lecturer/EEE
4.		BATCH-IV (EEE-B BATCH & MOP)	GOAL SETTING	Mr.S.Yuvaraj, Lecturer/Mech	Mr.D.Saravanakumar Lecturer/EEE
5.		BATCH-V (CT & ECE)	GOAL SETTING	Mr.A.VenkateshBoopathy Lecturer/MOP	Mr.C.Nagarajan Lecturer/ECE
6.		BATCH-VI (CIVIL, GT & PT)	GOAL SETTING	Mr.A.Arunkumar, Lecturer/Mech	Mr.Y.Ajayshankar Lecturer/PT

For Second Year

S.No	DATE & TIME	BATCH	TOPIC	RESOURCE PERSON	SUPPORTING STAFF
1.	22-07-2022 & 10:20AM To 11:10 AM	BATCH-I NON CIRCUIT BRANCHES	EXPOSING THEMSELVES TO THE SOCIETY	Mrs.C..Priya, Lecturer/Civil	Mrs.S.A.Amutha Lecturer(SS)/EEE
2.		BATCH-II CIRCUIT BRANCHES	EXPOSING THEMSELVES TO THE SOCIETY	G.Arangadurai Lecturer (SG-I)/PT	Mr.K.Pandiarajan Lecturer/Civil

PRINCIPAL
20/07/22

Copy to: Chairman, Governing Council
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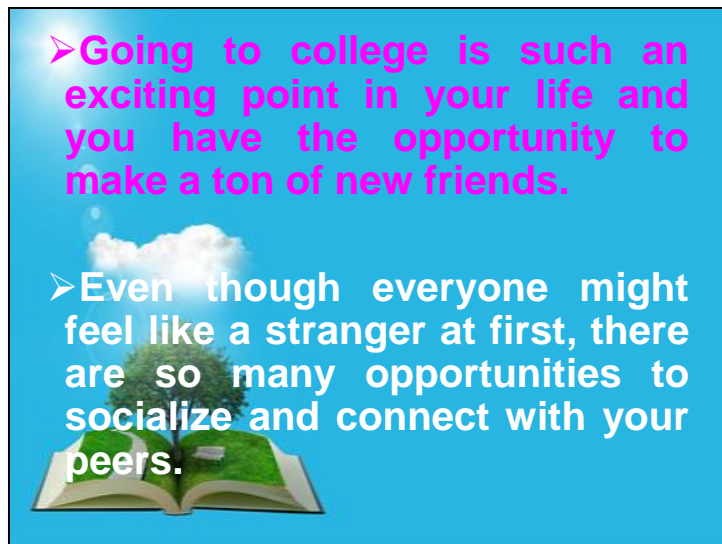
S.NO.	TOPIC	Period	No of Sessions	Target
1	GOAL Setting	22.07.2022	06	All 3 rd Year Students.
2	Exposing Themselves to the society	22.07.2022	02	All 2 nd Year Students.

Sample Material - Exposing Themselves to the society

Slide 1



Slide 2



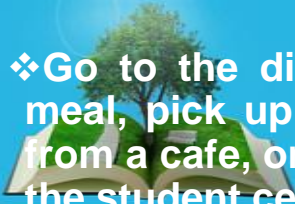
Slide 3



Slide 4

You're more likely to meet people in a shared public space.

- ❖ **Rather than leaving straight from class and going back to your dorm, stick around on campus for a little while instead.**
- ❖ **Go to the dining hall to have a meal, pick up something to drink from a cafe, or find a study spot at the student center.**



Slide 5


You're more likely to meet people in a shared public space.

- **Putting yourself out there on campus gives you a lot of opportunities to say "Hi" to new people and potentially meet some new friends.**
- **When people walk by, smile and say hi to them. You never know if they want to sit down and have a conversation.**



Slide 6


2. Go to College Events.



Slide 7


Your college plans so many Events so students can hang out.

- ❑ **Paper Presentation, Quiz Competition, Seminars, Poster Competition, etc.**
- ❑ **Library – Reading and Referring practice.**



Slide 8

- ❖ **You can meet students that have similar interests as you.**
- ❖ **Try to find a few events that you're interested in so you can schedule them.**



Slide 9

- **See when our college sports teams have games so you can go cheer them on.**
- **Our college may also offer off-campus events, such as day trips to a different city.**



Slide 10

3. Join an Extracurricular.



Slide 11

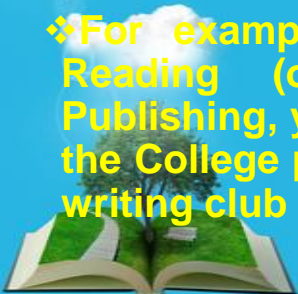
You're bound to find a club for people with the same interests as you.

- **Look around your campus for clubs.**
- You'll find a good mix of academics, student politics, and general interest groups that are available.



Slide 12

- ❖ Go to one of their scheduled meetings so you can hang out and meet some new people.
- ❖ For example, if you're into Reading (or) Writing and Publishing, you may try to join the College paper or a creative writing club or Reading Club.



Slide 13



☐ Stay connected with the club.

☐ Usually around the start of the College year, clubs will set up booths so you can learn more about them and join up for their list.



Slide 14

4. Play an intramural sport.



Slide 15

Stay fit and bond with a team if you're an active person.

➤ If there's a sport you've always wanted to try, see what's available at your College's intramural office.

➤ Sign up for a team and spend time together when you play your weekly games.



Slide 16

✓ You don't have to be the best player or be super competitive as long as you're having fun with your team.

✓ Intramurals usually cycle between sports every few weeks so you'll have multiple options throughout the semester.



Slide 17


5. Get involved with Greek life.



Slide 18

A Fraternity or Sorority is great for making life-long connections.

☐ Fraternities and sororities are groups of your peers that put on a lot of social activities and events on campus.



Slide 19

A Fraternity or Sorority is great for making life-long connections.

- While they usually have a fee to join, you'll be able to spend time building relationships with the other members, attend formals and themed events, and develop friendships that could last a lifetime.



Slide 20

- Being in a fraternity or sorority also looks really good on a resume since it shows employers that you're able to follow through with all of the work and services involved in Greek life.



Slide 21

6. Talk to your peers in your residence hall



Slide 22

Your shared living spaces are perfect for meeting and hanging out.

❖When you're in your dorm room, leave your door open to invite other people to pop in.

❖Say "Hi" as you pass them in the halls and let them know what room you're in so they're more likely to stop by.

Slide 23

❖If there are common areas, like a kitchen or lounge, spend some time out there so you're more likely to talk with the other people you live with.

Slide 24

❖Be sure to attend any orientations that your resident advisor sets up since they could do some icebreakers so you can meet the other people on your floor. They may also have meetings and activities throughout the semester, so try to attend each one.

Slide 25

7. Reach out to Students in your class




The slide features a blue background with a sunburst in the top left corner. The title '7. Reach out to Students in your class' is centered at the top in a bold, dark blue font. Below the title is a photograph of a teacher and three students (two boys and one girl) leaning over a table, focused on a tablet computer. In the bottom left corner, there is a graphic of a green tree with a white path leading to its base, which is growing out of an open book with green pages.

Slide 26

Build your network with people studying the same subject as you.

➤ **While you're in class, keep an eye out for people that you think you'll get along with based on what they're wearing, what they mention in class, or just on your intuition.**




The slide has a blue background with a sunburst in the top left. The main text is centered and reads 'Build your network with people studying the same subject as you.' Below this is a red bullet point with the text: 'While you're in class, keep an eye out for people that you think you'll get along with based on what they're wearing, what they mention in class, or just on your intuition.' In the bottom left corner, there is a graphic of a green tree growing out of an open book with green pages.

Slide 27

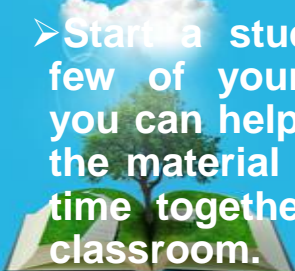
➤ **Sit next to the people you're interested in and introduce yourself when you have a chance.**

➤ **If there's a group project in your class, see if they want to work together so you can socialize with them even more.**



The slide has a blue background with a sunburst in the top left. The text is centered and consists of two blue bullet points: 'Sit next to the people you're interested in and introduce yourself when you have a chance.' and 'If there's a group project in your class, see if they want to work together so you can socialize with them even more.' In the bottom left corner, there is a graphic of a green tree growing out of an open book with green pages.

Slide 28



- Show that you're open and approachable by being attentive in class and actively participating in the discussion.
- Start a study group with a few of your classmates so you can help each other learn the material better and spend time together outside of the classroom.

Slide 29

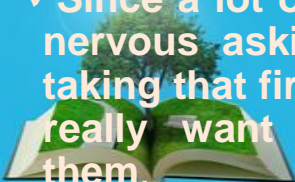
8. Invite people to spend time one-on-one



Getting the Most Out of Your One-on-One Time

- Make the time about quality, not quantity
- Put this time in your calendar
- Put your phone away

Slide 30



- ✓ Plan a fun activity so you can deepen your friendships.
- ✓ As you get to know the people you live with and your classmates, see if they want to get together outside of college.
- ✓ Since a lot of other people get nervous asking to be friends, taking that first step shows you really want to connect with them.

Slide 31

9. Schedule time to socialize.

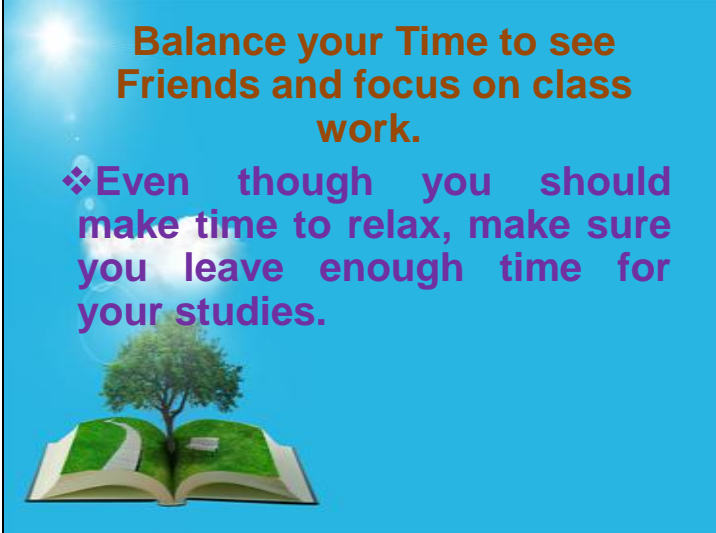


The illustration shows a hand holding a smartphone displaying a 'Classmate' app interface with a 'Send back my assignment' button. To the right, a piece of paper with the word 'assignment' and a math problem '1. If the area of a triangle is' is shown. Below these elements, a tree grows from an open book, symbolizing the integration of social interaction and academic work.

Slide 32

Balance your Time to see Friends and focus on class work.

❖ Even though you should make time to relax, make sure you leave enough time for your studies.

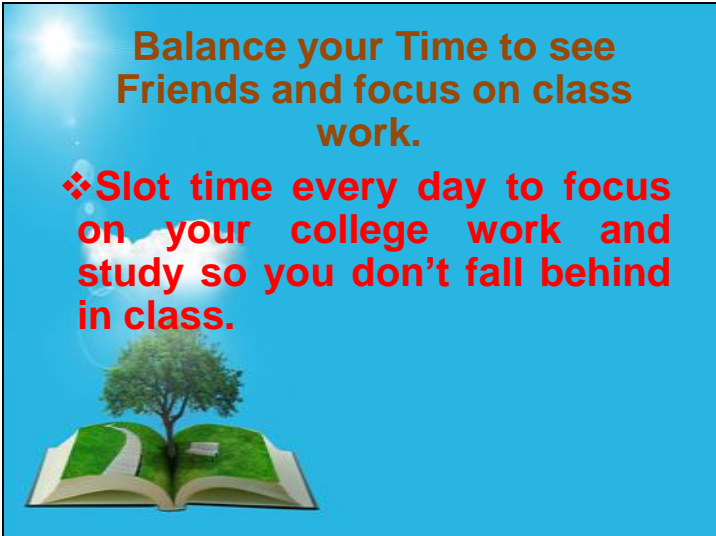


The illustration shows a tree growing from an open book, symbolizing the balance between social life and academic focus.

Slide 33

Balance your Time to see Friends and focus on class work.

❖ Slot time every day to focus on your college work and study so you don't fall behind in class.




The illustration shows a tree growing from an open book, symbolizing the balance between social life and academic focus.

Slide 34

Balance your Time to see Friends and focus on class work.

❖ When you're positive that you have enough time to complete all your work, give yourself some extra time to see your friends.



Slide 35

10. Get involved



Slide 36

➤ Get involved on campus through volunteer work, social awareness groups or something else you're passionate about.

➤ Being young is all about changing the world and making your voice matter – now is the time to be heard.




Slide 37

11. Utilize campus facilities while you can



Slide 38

✓ Most college campuses are full of amazing gyms, pools, museums, computer labs and all other kinds of neat buildings that students are able to access. Find out what your College has to offer and start exploring




Slide 39

12. Know your college's student benefits



Slide 40

Colleges offer students various benefits, such as a certain number of free medical visits, psychological visits, vaccines, etc. Find out what your college offers to current students so you can take advantage of whatever benefits come with your tuition.




Slide 41

13. Stay Focused.



Slide 42

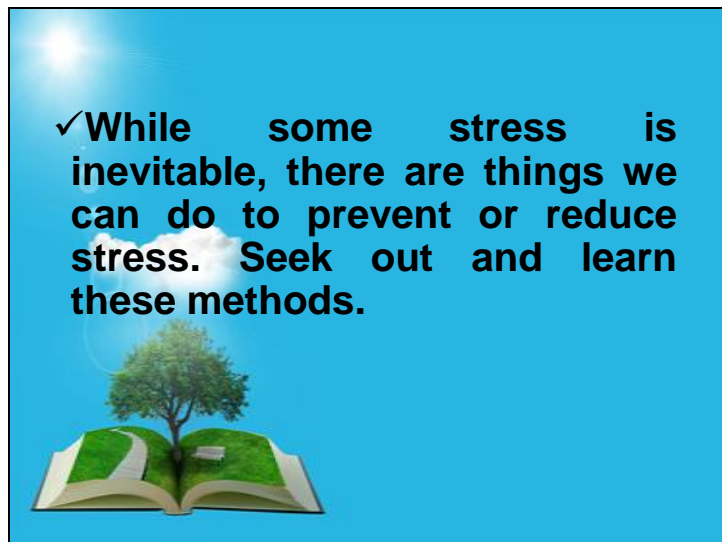
Academic life requires students to focus and concentrate. Work to avoid or reduce things that interfere with your concentration.



Slide 43



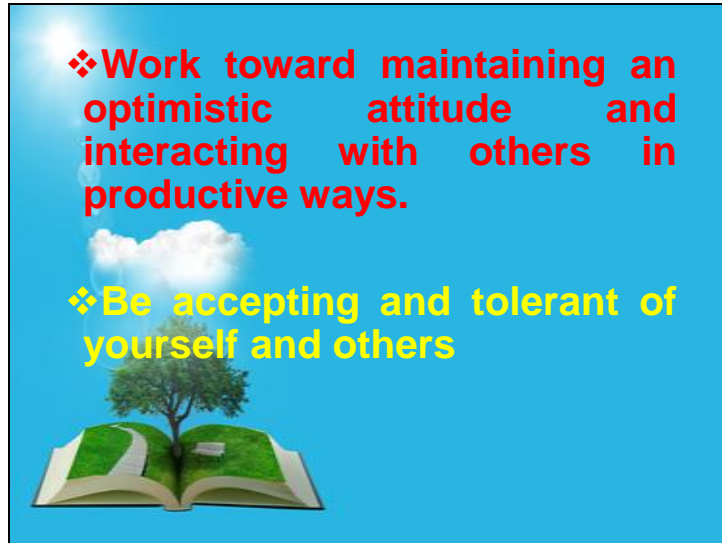
Slide 44



Slide 45



Slide 46



Slide 47



2. The following training programmes were conducted through offline mode by our staff members from 06.08.2022 to 15.10.2022.

Copy of Schedule

6.6.22

27 AUG 2022

The Head and Students

02.08.2022

dhanuagar S.Vellaichamy Nadar Polytechnic College (Autonomous), Virudhachari - 626001.

TRAINING CELL

The OFFLINE SATURDAY TRAINING schedule for All V th TERM / III YEAR STUDENTS is given below. The concerned department coordinators are instructed to inform to all III YEAR STUDENTS without fail. The advised to strictly follow the COVID-19 protocol.

S.No	Date	Time	BATCH-I (MECH-A) TOPIC & RESOURCE PERSON	BATCH-II (MECH-B) TOPIC & RESOURCE PERSON	BATCH-III (EEE-A) TOPIC & RESOURCE PERSON	BATCH-IV (EEE-B & MOP) TOPIC & RESOURCE PERSON	BATCH-V (ECE, CT) TOPIC & RESOURCE PERSON	BATCH-VI (CIVIL/PT) TOPIC & RESOURCE PERSON
1	06-08-2022	9:00AM-9:30AM	APTITUDE TRAINING (Mr.K.Ramalingam, Lecturer/CT)	APTITUDE TRAINING (Mr.M.Manikandan, Lecturer/Mech)	APTITUDE TRAINING (Mr.B.Jahid, Lecturer/Maths)	APTITUDE TRAINING (Mr.S.Young, Lecturer/Mech)	APTITUDE TRAINING (Mr.A.Arunkumar, Lecturer/Mech)	APTITUDE TRAINING (Mr.R.Prabhakar, Lecturer/CT)
2		9:30AM-10:00AM	SELF MOTIVATION (Mrs.S.A.Annitha, Lecturer/SS/EEE)	TEAM WORK (Mr.M.Kalidossababu, Lecturer/SS/CT)	BUILD YOUR SKILLS (Mr.C.Priva, Lecturer/Civil)	LISTENING SKILLS (Mr.Y.Ajay Sankar, Lecturer/PT)	LEADERSHIP SKILLS (Dr.A.Venkatesababai, Lecturer/MOP)	LISTENING SKILLS (Mr.A.Arunkumar, Lecturer/Civil)
3		9:00AM-9:30AM	APTITUDE TRAINING (Mr.K.Ramalingam, Lecturer/CT)	APTITUDE TRAINING (Mr.M.Manikandan, Lecturer/Mech)	APTITUDE TRAINING (Mr.B.Jahid, Lecturer/Maths)	APTITUDE TRAINING (Mr.S.Young, Lecturer/Mech)	APTITUDE TRAINING (Mr.A.Arunkumar, Lecturer/Mech)	APTITUDE TRAINING (Mr.R.Prabhakar, Lecturer/CT)
4	27-08-2022	9:30AM-10:30AM	TEAM WORK (Mr.S.A.Annitha, Lecturer/SS/CT)	BUILD YOUR SKILLS (Mrs.G.Aranganthi, Lecturer/SG-I/PPT)	LISTENING SKILLS (Mr.Y.Ajay Sankar, Lecturer/PT)	LEADERSHIP SKILLS (Mr.A.Venkatesababai, Lecturer/MOP)	ENTERPRISE RESOURCE PLANNING (Mr.S.Young, Lecturer/SS/EEE)	SELF MOTIVATION (Mr.D.Sureshbabu, Lecturer/EEE)
5		9:00AM-9:30AM	APTITUDE TRAINING (Mr.K.Ramalingam, Lecturer/CT)	APTITUDE TRAINING (Mr.M.Manikandan, Lecturer/Mech)	APTITUDE TRAINING (Mr.B.Jahid, Lecturer/Maths)	APTITUDE TRAINING (Mr.S.Young, Lecturer/Mech)	APTITUDE TRAINING (Mr.A.Arunkumar, Lecturer/Mech)	APTITUDE TRAINING (Mr.R.Prabhakar, Lecturer/CT)
6	17-08-2022	9:30AM-10:30AM	BUILD YOUR SKILLS (Mr.K.Pandurajan, Lecturer/Civil)	LISTENING SKILLS (Mr.K.Pandurajan, Lecturer/Civil)	SELF MOTIVATION (Mr.S.A.Annitha, Lecturer/SS/EEE)	ENTERPRISE RESOURCE PLANNING (Dr.K.Manesan, Lecturer/SG-I/EEE)	SELF MOTIVATION (Mr.D.Sureshbabu, Lecturer/EEE)	TEAM WORK (Mr.M.Kalidossababu, Lecturer/SS/CT)
7		9:00AM-9:30AM	APTITUDE TRAINING (Mr.K.Ramalingam, Lecturer/CT)	APTITUDE TRAINING (Mr.M.Manikandan, Lecturer/Mech)	APTITUDE TRAINING (Mr.B.Jahid, Lecturer/Maths)	APTITUDE TRAINING (Mr.S.Young, Lecturer/Mech)	APTITUDE TRAINING (Mr.A.Arunkumar, Lecturer/Mech)	APTITUDE TRAINING (Mr.R.Prabhakar, Lecturer/CT)
8	01-10-2022	9:30AM-10:30AM	LISTENING SKILLS (Mr.K.Pandurajan, Lecturer/Civil)	LEADERSHIP SKILLS (Mr.K.Pandurajan, Lecturer/MOP)	ENTERPRISE RESOURCE PLANNING (Dr.B.Suryanagar, Lecturer/SS/Mechanical)	SELF MOTIVATION (Mr.D.Sureshbabu, Lecturer/EEE)	TEAM WORK (Mr.D.Sureshbabu, Lecturer/SS/CT)	BUILD YOUR SKILLS (Mrs.C.Priva, Lecturer/Civil)
9		9:00AM-9:30AM	ENTERPRISE RESOURCE PLANNING (Dr.B.Suryanagar, Lecturer/SS/Mechanical)	SELF MOTIVATION (Mr.D.Sureshbabu, Lecturer/EEE)	TEAM WORK (Mr.M.Kalidossababu, Lecturer/SS/CT)	BUILD YOUR SKILLS (Mrs.C.Priva, Lecturer/Civil)	LISTENING SKILLS (Mr.Y.Ajay Sankar, Lecturer/PT)	LEADERSHIP SKILLS (Mr.A.Venkatesababai, Lecturer/MOP)
10	15-10-2022	9:30AM-10:30AM	LEADERSHIP SKILLS (Mr.A.Venkatesababai, Lecturer/MOP)	ENTERPRISE RESOURCE PLANNING (HOD/Civ-Mechanical)	LEADERSHIP SKILLS (Mrs.G.Aranganthi, Lecturer/SG-I/PPT)	TEAM WORK (Mr.M.Kalidossababu, Lecturer/SS/CT)	BUILD YOUR SKILLS (Mrs.C.Priva, Lecturer/Civil)	ENTERPRISE RESOURCE PLANNING (Mr.M.Shanmugam, Lecturer/SS/Civil - CIVIL)

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RP - P. [Signature]
NMP - N.S. [Signature]

PRINCIPAL [Signature]

CH. [Signature]

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S.NO.	TOPIC	Period	NO. OF SESSIONS	Target
1	Aptitude Training	06.08.2022 to 15.10.2022	24	All 3 rd Year Students
2	Self-Motivation	06.08.2022 to 15.10.2022	6	
3	Build Your Skills	06.08.2022 to 15.10.2022	6	
4	Listening Skills	06.08.2022 to 15.10.2022	6	
5	Leadership Skills	06.08.2022 to 15.10.2022	6	
6	Team Work	06.08.2022 to 15.10.2022	6	
7	Enterprise Resource Planning	06.08.2022 to 15.10.2022	10	
TOTAL:			64	

Soft Skills Training on 06.08.2022

Aptitude Training for Trainers



Aptitude Training



Aptitude Training



Build Your Skills



Self-Motivation



Team Work



Soft Skills Training on 27.08.2022

Aptitude Training



Build Your Skills



Aptitude Training



Aptitude Training



Team Work



Build Your Skills



Leadership Skills



Listening Skills



Enterprise Resource Planning



Self-Motivation



Soft Skills Training on 17.09.2022

Aptitude Training



Aptitude Training



Team Work



Aptitude Training



Enterprise Resource Planning



Aptitude Training



Soft Skills Training on 15.10.2022 & 29.10.2022

Enterprise Resource Planning



Aptitude Training



Aptitude Training



Aptitude Training



Aptitude Training



Aptitude Training



Build Your Skills



Enterprise Resource Planning



Enterprise Resource Planning



Enterprise Resource Planning



Sample Training Material - **Team Work**

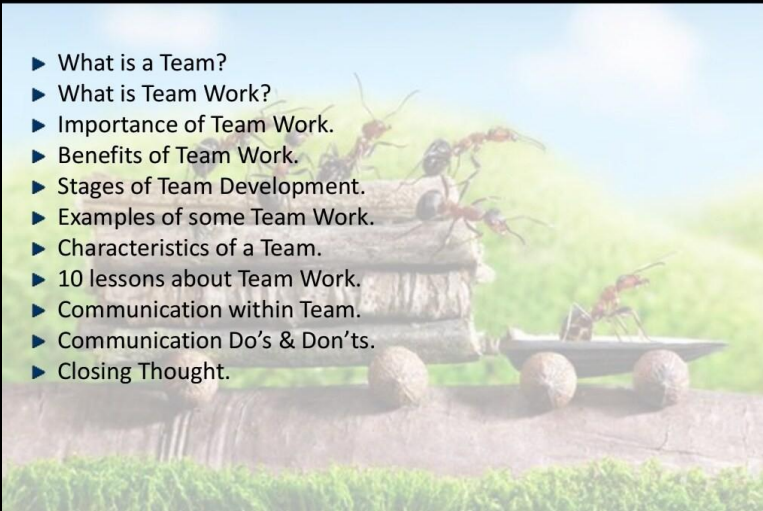
Slide 1



Slide 2

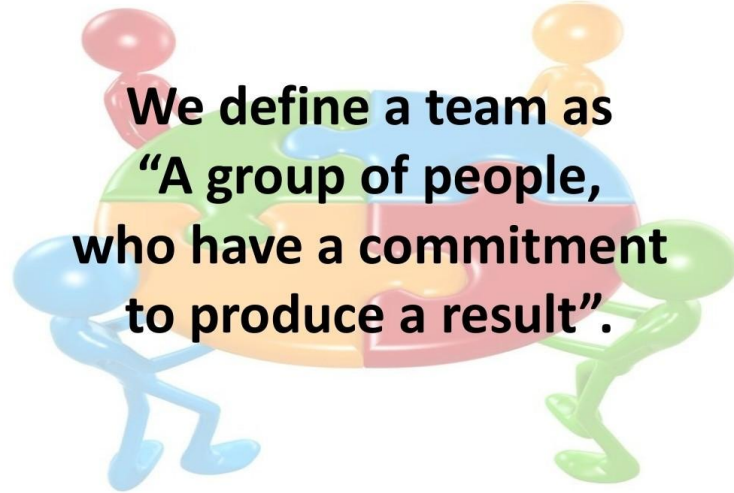
Objectives

- ▶ What is a Team?
- ▶ What is Team Work?
- ▶ Importance of Team Work.
- ▶ Benefits of Team Work.
- ▶ Stages of Team Development.
- ▶ Examples of some Team Work.
- ▶ Characteristics of a Team.
- ▶ 10 lessons about Team Work.
- ▶ Communication within Team.
- ▶ Communication Do's & Don'ts.
- ▶ Closing Thought.



Slide 3

Team

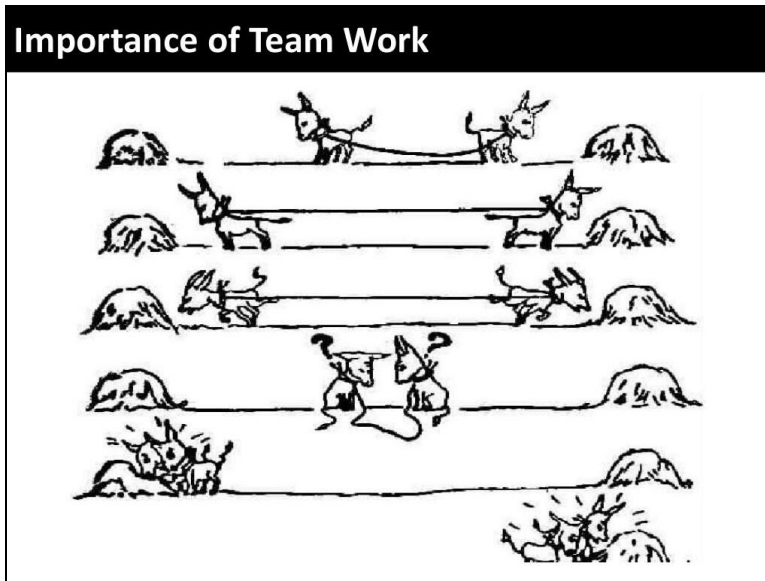


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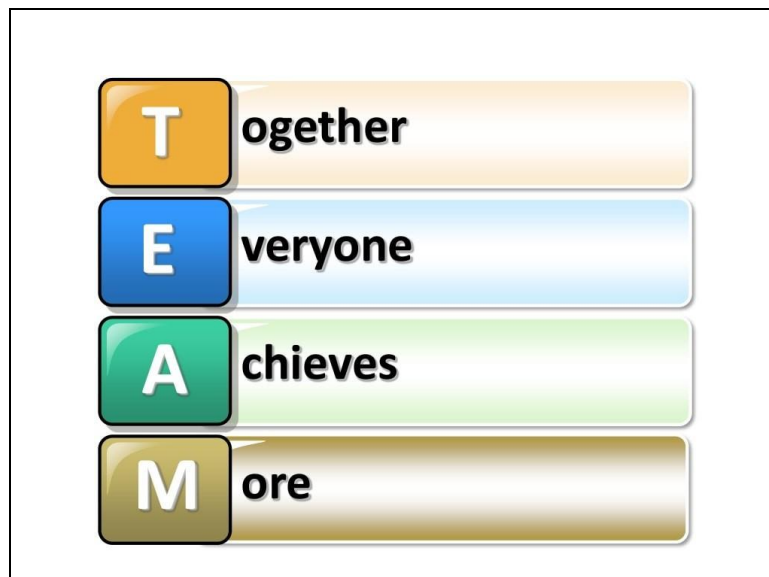
Team Work



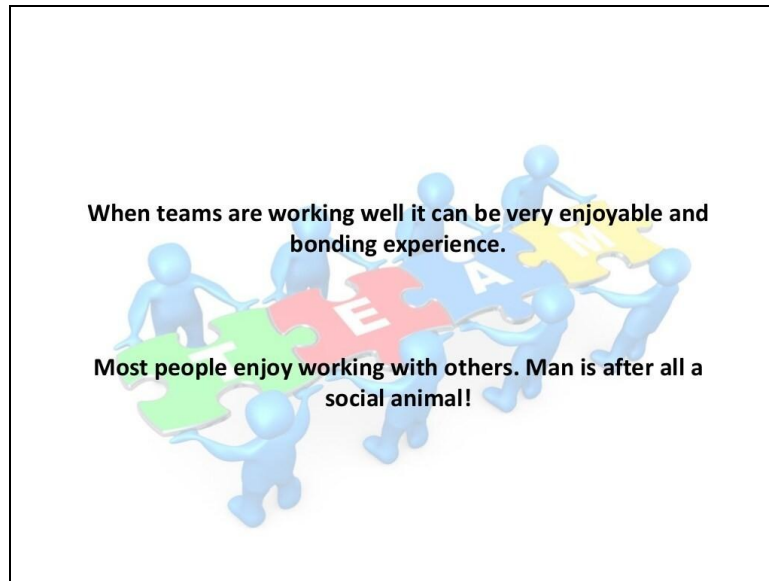
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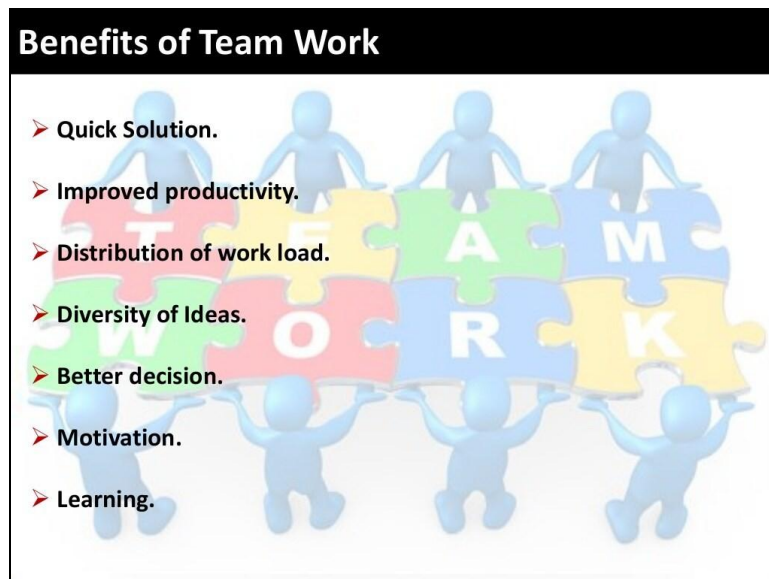
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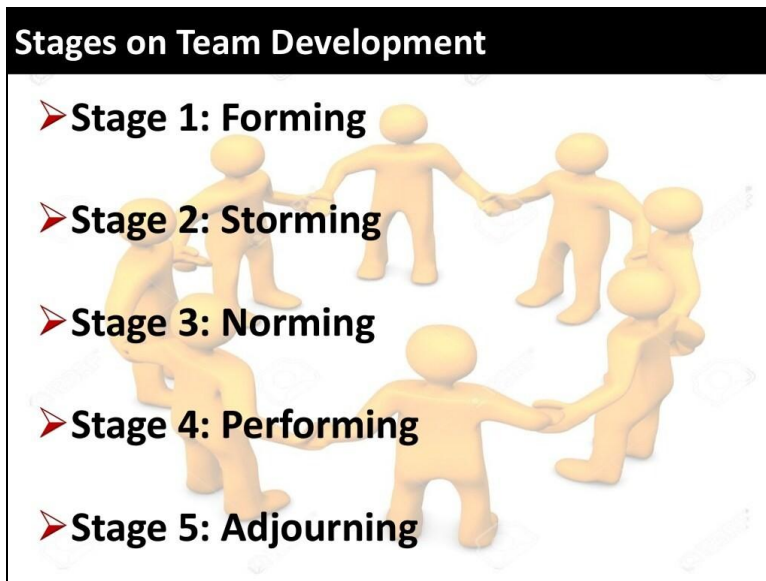
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Slide 9

Stages on Team Development

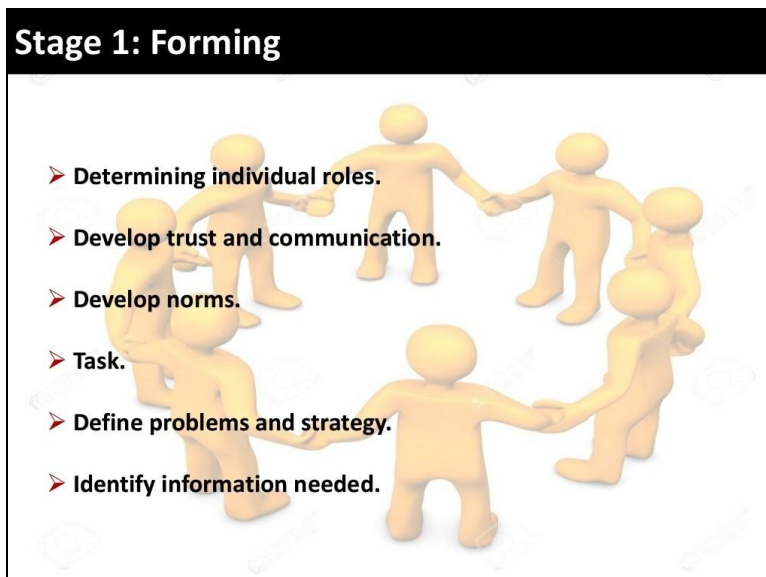
- Stage 1: Forming
- Stage 2: Storming
- Stage 3: Norming
- Stage 4: Performing
- Stage 5: Adjourning

An illustration showing ten orange 3D human figures arranged in a circle, holding hands. The figures are positioned to represent the five stages of team development: Forming, Storming, Norming, Performing, and Adjourning. The background is white with faint, light blue icons of a speech bubble, a gear, and a document.

Slide 10

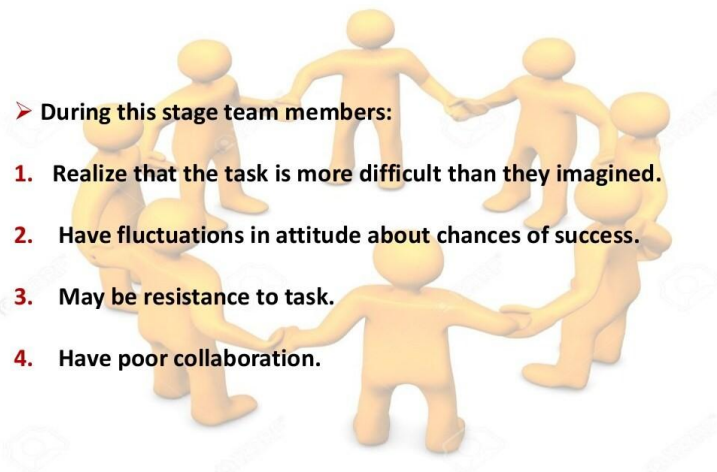
Stage 1: Forming

- Determining individual roles.
- Develop trust and communication.
- Develop norms.
- Task.
- Define problems and strategy.
- Identify information needed.

An illustration showing ten orange 3D human figures arranged in a circle, holding hands. The figures are positioned to represent the 'Forming' stage of team development. The background is white with faint, light blue icons of a speech bubble, a gear, and a document.

Slide 11

Stage 2: Storming




➤ During this stage team members:

1. Realize that the task is more difficult than they imagined.
2. Have fluctuations in attitude about chances of success.
3. May be resistance to task.
4. Have poor collaboration.

Slide 12

Stage 3: Norming



➤ During this stage members accept:

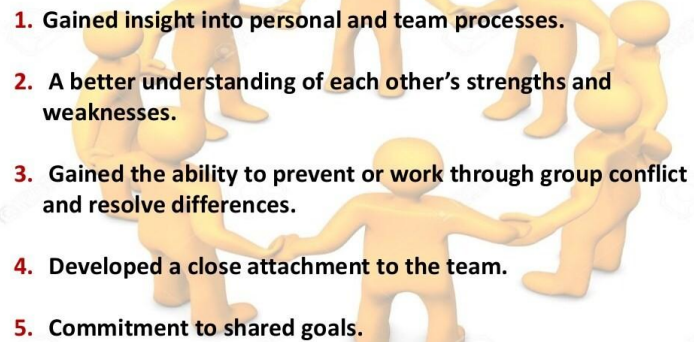
1. Their team.
2. Team rules and procedures.
3. Their roles in the team.
4. The individuality of fellow members.

➤ Team members realize that they are not going to crash-and – burn and start helping each other.

Slide 13

Stage 4: Performing

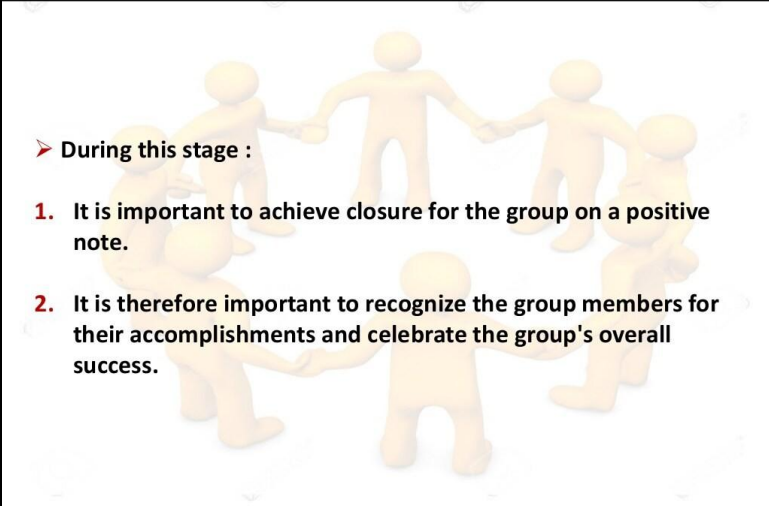
➤ Team members have:

1. Gained insight into personal and team processes.
 2. A better understanding of each other's strengths and weaknesses.
 3. Gained the ability to prevent or work through group conflict and resolve differences.
 4. Developed a close attachment to the team.
 5. Commitment to shared goals.
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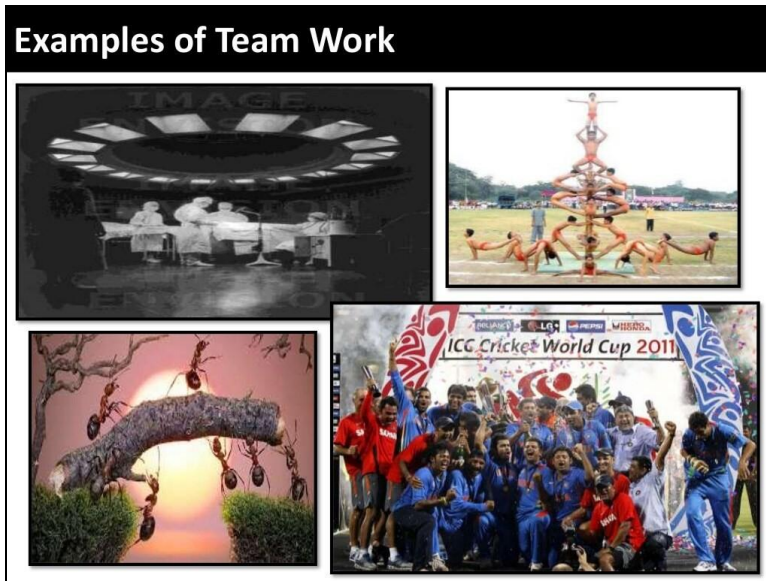
Slide 14

Stage 5: Adjourning

➤ During this stage :

1. It is important to achieve closure for the group on a positive note.
 2. It is therefore important to recognize the group members for their accomplishments and celebrate the group's overall success.
- 

Slide 15



Slide 16



Slide 17


Team characteristics

- 1 Work Effortlessly
- 2 Trust
- 3 Good Communication
- 4 Supportive
- 5 Participation
- 6 Innovative
- 7 Motivation

Slide 18

Lesson 1: First of All, Knowing Your People

First of all, you need to have a good understanding of your people. Spend time with them. Talk to them. This way, you will come to understand what they care for individually. You will also discover what makes them come alive. That is very important if you wish to win them over and initiate an organization that uses teamwork to its fullest potential!




Slide 19



Slide 20

Lesson 2: Choosing the right team members

Each person should be given the responsibility for handling a proper situation. If all members will interfere in every aspect of the work being done, then it may lead to ruin the output of the team. These are the facts that you should look at while concerning about teamwork or else your team work can lead the way to downward. So be cautious while choosing good team members.



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Lesson 3: Having one common goal

Hence, there must be one common goal for the group and each individual act should complement the actions of the other members of the team and vice versa. Each member of the team must be able to sacrifice whatever personal views and interests he may have for the interest and efficiency of the team. Making the team more effective goes beyond whatever you can achieve individually.



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Lesson 5: Sharing Information

When a team has reached this stage in its development, it can handle even greater levels of pressure and performance and should be stretched for higher levels of achievement. The management at this stage of the team's development should push for even more opportunity and information sharing and should create even more important sales projects for the team to work on.



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Lesson 6: Empowering the team

Making your employees feel like they are a valuable part of the team. Everyone needs to receive positive feedback at times so that they understand that they are an important, contributing team player. It will make a world of difference and if anything, you will find that it only increases and enhances the strength of your team member which in turn improves the whole team.



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Lesson 8: Creating problem solving environment

A problem solver can help a team when they are in a bind. A problem solver can come up with resources when a business is out of funding to buy more. He or she can find ways to use the current resources within a company. They can think of ways to handle and deal with problems in a creative way. A problem solver is a good asset for business teamwork.



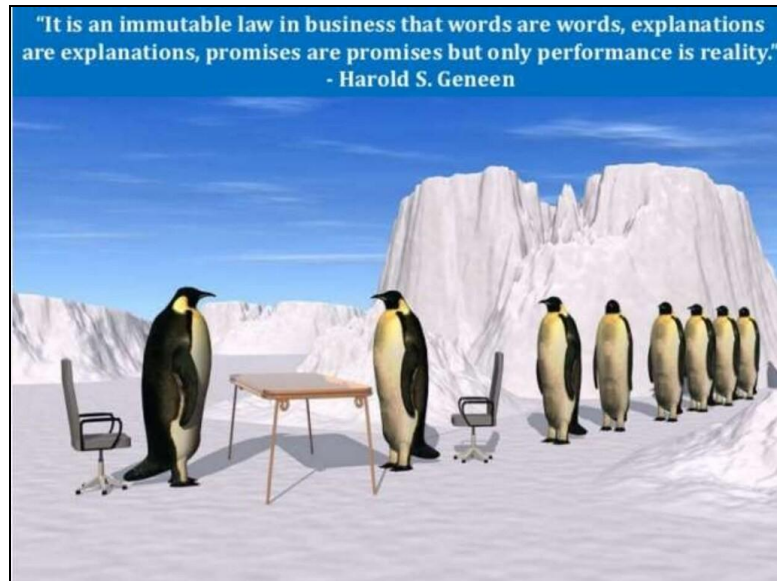
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Lesson 9: Measuring teamwork performance continually

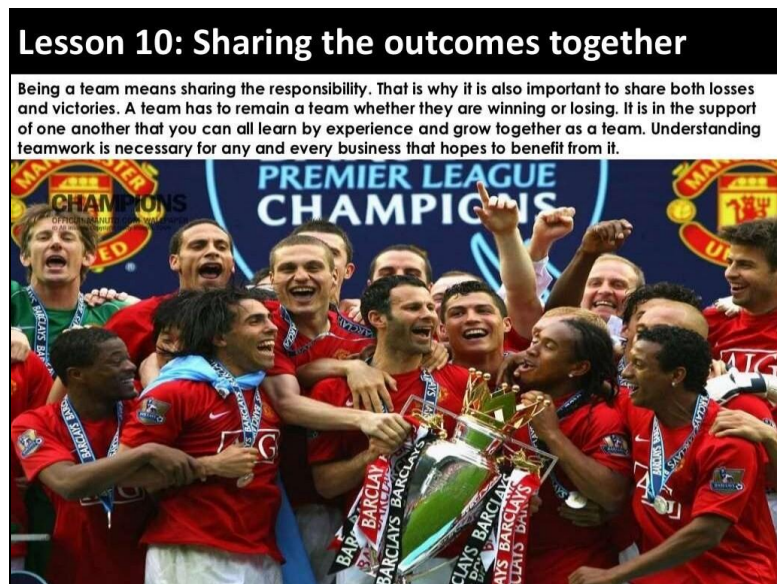
Teamwork performance has to be measured regularly so as to ensure that these teams are truly working for the benefit of the organization. You have to work toward protecting the interests of the team members while delivering excellent results! That is the sure way to excellent teamwork performance.



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Slide 34

Communication within Team



When the team doesn't work, 99 out of 100 times there is a communication break.

Effective communication is a vital part of any team.

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To create a successful team, effective communication methods are necessary for both team members and leaders.

Clear Job description

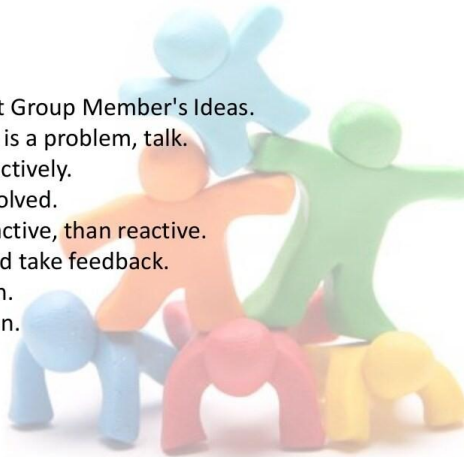
- ✓ Team goals
- ✓ Who in the team responsible for what.
- ✓ Timelines or SLA.
- ✓ Performance Matrix.



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Communication – Do's

- ✓ Support Group Member's Ideas.
- ✓ If there is a problem, talk.
- ✓ Listen actively.
- ✓ Get involved.
- ✓ Be proactive, than reactive.
- ✓ Give and take feedback.
- ✓ Be open.
- ✓ Have fun.



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Communication – Don'ts

- ✓ Do not blame others.
- ✓ No Bragging.
- ✓ Do not take credit for what others are doing.
- ✓ Being unprepared.
- ✓ Do not speak poorly of those in authority.
- ✓ Do not make others look bad.
- ✓ Don't cheat.
- ✓ Don't lie.
- ✓ Don't steal.

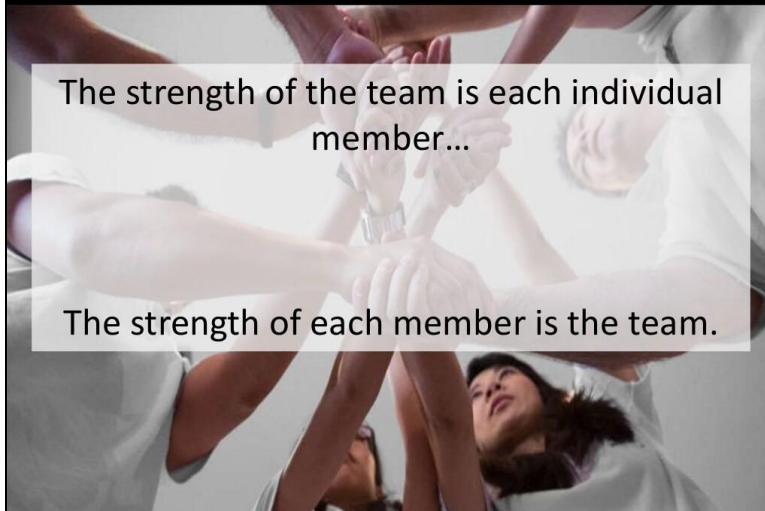


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Closing thought

The strength of the team is each individual member...

The strength of each member is the team.



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3. The following training program was conducted through offline mode organized by VSVN training cell and sponsored by VSVN alumni from 26.12.2022 to 31.12.2022

S.NO.	TOPIC	Period	NO. OF SESSIONS	Target
1	Effective communication and Interview skills	26.12.2022 to 31.12.2022	11	All 3 rd Year Students

Effective communication and Interview skills From 26.12.2022 To 31.12.2022



4. The following training programmes were conducted through offline mode by our staff members from 07.01.2023 to 08.04.2023.

Copy of Schedule

Virudhunagar S.Vellaichamy Nadar Polytechnic College (Autonomous), Virudhunagar-626001.

TRAINING CELL

CIRCULAR

02.01.2023

The TRAINING schedule for All II YEAR STUDENTS is given below. The concerned department training coordinators are instructed to inform the same to all II YEAR STUDENTS without fail.

S.No	DATE & TIME	BATCH-I (MECH-A) TOPIC & RESOURCE PERSON	BATCH-II (MECH-B) TOPIC & RESOURCE PERSON	BATCH-III (EEE(A) & CIVIL) TOPIC & RESOURCE PERSON	BATCH-IV (EEE-B & GT) TOPIC & RESOURCE PERSON	BATCH-V (ECE & MOP) TOPIC & RESOURCE PERSON	BATCH-VI (CT & PT) TOPIC & RESOURCE PERSON
1	07-01-2023 (Saturday) 09:00 AM-9:50AM	Basic Aptitude Training (Mr.S.Yuvaraj, Lecturer/Mech)	Basic Aptitude Training (Mrs.R.Priyanka, Lecturer/GT)	Oral Communication (Mrs.C.Priya, Lecturer/Civil)	Basic Aptitude Training (Mr.K.Ramalingam, Lecturer/CT)	Basic Aptitude Training (Mr.B.Jaihind, Lecturer/Maths)	Basic Aptitude Training (Mr.A.Venkatesh Boopathy, Lecturer/MOP)
2	21-01-2023 (Saturday) 09:00 AM-9:50AM	Basic Aptitude Training (Mr.S.Yuvaraj, Lecturer/Mech)	Basic Aptitude Training (Mrs.R.Priyanka, Lecturer/GT)	Basic Aptitude Training (Mr.D.Saravanakumar, Lecturer/EEE)	Oral Communication (Mrs.C.Priya, Lecturer/Civil)	Basic Aptitude Training (Mr.B.Jaihind, Lecturer/Maths)	Basic Aptitude Training (Mr.A.Venkatesh Boopathy, Lecturer/MOP)
3	28-01-2023 (Saturday) 09:00 AM-9:50AM	Oral Communication (Mr.G.Arangadurai, Lecturer/SG-I/PPT)	Basic Aptitude Training (Mrs.R.Priyanka, Lecturer/GT)	Basic Aptitude Training (Mrs.S.A.Amutha, Lecturer/SS/EEE)	Basic Aptitude Training (Mr.K.Ramalingam, Lecturer/CT)	Basic Aptitude Training (Mr.B.Jaihind, Lecturer/Maths)	Basic Aptitude Training (Mr.A.Venkatesh Boopathy, Lecturer/MOP)
4	04-02-2023 (Saturday) 09:00 AM-9:50AM	Basic Aptitude Training (Mr.S.Yuvaraj, Lecturer/Mech)	Oral Communication (Mr.G.Arangadurai, Lecturer/SG-I/PPT)	Basic Aptitude Training (Mr.M.Kalidossbabu, Lecturer/SS/CT)	Basic Aptitude Training (Mr.K.Ramalingam, Lecturer/CT)	Basic Aptitude Training (Mr.B.Jaihind, Lecturer/Maths)	Basic Aptitude Training (Mr.A.Venkatesh Boopathy, Lecturer/MOP)
5	25-02-2023 (Saturday) 09:00 AM-9:50AM	Basic Aptitude Training (Mr.S.Yuvaraj, Lecturer/Mech)	Basic Aptitude Training (Mrs.R.Priyanka, Lecturer/GT)	Basic Aptitude Training (Mr.D.Saravanakumar, Lecturer/EEE)	Basic Aptitude Training (Mr.K.Ramalingam, Lecturer/CT)	Oral Communication (Mrs.C.Priya, Lecturer/Civil)	Basic Aptitude Training (Mr.A.Venkatesh Boopathy, Lecturer/MOP)
6	04-03-2023 (Saturday) 09:00 AM-9:50AM	Basic Aptitude Training (Mr.S.Yuvaraj, Lecturer/Mech)	Basic Aptitude Training (Mrs.R.Priyanka, Lecturer/GT)	Basic Aptitude Training (Mrs.S.A.Amutha, Lecturer/SS/EEE)	Basic Aptitude Training (Mr.K.Ramalingam, Lecturer/CT)	Basic Aptitude Training (Mr.B.Jaihind, Lecturer/Maths)	Basic Aptitude Training (Mr.A.Venkatesh Boopathy, Lecturer/MOP)
7	25-03-2023 (Saturday) 09:00 AM-9:50AM	Basic Aptitude Training (Mr.S.Yuvaraj, Lecturer/Mech)	Basic Aptitude Training (Mrs.R.Priyanka, Lecturer/GT)	Basic Aptitude Training (Mr.M.Kalidossbabu, Lecturer/SS/CT)	Basic Aptitude Training (Mr.K.Ramalingam, Lecturer/CT)	Basic Aptitude Training (Mr.B.Jaihind, Lecturer/Maths)	Oral Communication (Mrs.C.Priya, Lecturer/Civil)
8	08-04-2023 (Saturday) 09:00 AM-9:50AM	Basic Aptitude Training (Mr.S.Yuvaraj, Lecturer/Mech)	Basic Aptitude Training (Mrs.R.Priyanka, Lecturer/GT)	Basic Aptitude Training (Mr.D.Saravanakumar, Lecturer/EEE)	Basic Aptitude Training (Mr.K.Ramalingam, Lecturer/CT)	Basic Aptitude Training (Mr.B.Jaihind, Lecturer/Maths)	Basic Aptitude Training (Mr.A.Venkatesh Boopathy, Lecturer/MOP)

Ajayanth
CHAIRMAN
21/13

PRINCIPAL
21/13

Copy to: Chairman, Governing Council
Copy to: VP, All HODs, Training Coordinator, Individuals & file

S.NO.	TOPIC	Period	NO. OF SESSIONS	Target
1	Basic Aptitude Training	07.01.2023 to 08.04.2023	25	All 2 nd Year Students
2	Oral Communication	07.01.2023 to 08.04.2023	5	
	TOTAL:	07.01.2023 to 08.04.2023	30	

Oral Communication and Basic Aptitude Training on 12.03.2023	
<p>Basic Aptitude Training</p> 	<p>Basic Aptitude Training</p> 
<p>Basic Aptitude Training</p> 	<p>Basic Aptitude Training</p> 

Basic Aptitude Training



Oral Communication



Oral Communication and Basic Aptitude Training on 16.03.2023

Oral Communication



Basic Aptitude Training



SAMPLE MATERIAL - BASIC APTITUDE TRAINING

**Virudhunagar S.Vellaichamy Nadar Polytechnic College (Autonomous),
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(Affiliated to Directorate of Technical Education ,Chennai-25)

TRAINING CELL

Aptitude Training

Session 1: Problems on Numbers

- (1) If 30% of a certain number is 12.6, what is the number?

- (2) One-fourth of one-third of two-fifth of a number is 15. What will be 40% of that number?

- (3) A number exceeds 20% of itself by 40. What is the number?

- (4) The difference between two numbers is 14, and their sum is 40. Find out the product of these two numbers?

- (5) The sum of two consecutive odd numbers in a set of three consecutive odd numbers is 5 more than the third number. What is the second of these numbers?

- (6) The sum and difference of two numbers are 25 and 10 respectively. Find the difference of their squares.

- (7) The product of two numbers is 300, and the sum of their squares is 625. What are the numbers?

- (8) The difference between a two-digit number and the number obtained by interchanging the position of the digits is 45. What is the difference between digits of that number?

Exercise – 1 (Objective Type Questions)

(9) A number, when divided by 4, is reduced by 21. What is the number?

- A. 18
- B. 20
- C. 28
- D. 38

(10) Two-third of one-fifth of one-fourth of a number is 10. What is 30% of that number?

- A. 60
- B. 100
- C. 270
- D. 90

(11) The sum of the digits of a two-digit number is 14, and the difference between the digits is 2. Which of the following can be that number?

- A. 95
- B. 68
- C. 86
- D. 68 or 86

(12) When the numerator of a certain fraction is increased by 1 and the denominator by 2, it changes to $\frac{2}{3}$; but when the numerator is increased by 5 and the denominator by 1, the value of the fraction changes to $\frac{5}{4}$. What is the original fraction?

- A. $\frac{3}{7}$
- B. $\frac{5}{8}$
- C. $\frac{5}{7}$
- D. $\frac{6}{7}$

(13) The difference between a two-digit number and the number obtained by changing the positions of its digits is 36. What is the difference between the two digits of that number?

- A. 3
- B. 4
- C. 9
- D. Cannot be determined.
- E. None of these.

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Session 2: Percentage

- (1) 40 % of 280 =?
- (2) If 40% of an amount is 250, what will be 60% of that amount?
- (3) If 30 % of 1520 + 40 % of 800 = x % of 5000, find the value of x.
- (4) If the height of Ramesh is less by 20% than Suresh, the height of Suresh will be greater than that of Ramesh by how many percent?
- (5) The population of a town is increased from 54500 to 58500 in one year. What is the percentage increase in the population?
- (6) The population of a town is decreasing at a rate of 10% per annum. If the population two years ago was 20,000, what is the present population?
- (7) Two candidates contested an election. The winning candidate scored 54% and won by 88 votes. If 58 votes were declared invalid, find the total number of votes polled in the election?
- (8) In an examination, 25% candidates failed in English and 35 % students failed in Math.If 15 % candidates failed in both, what is the percentage of candidates who passed in both the subjects?

Exercise – 2 (Objective Type Questions)

(9) Whose 35% is 280?

- A. 700
- B. 750
- C. 800
- D. 850

(10) $45 * ? = 35\%$ of 900

- A. 6
- B. 7
- C. 9
- D. 4

(11) What is 3% of 5%?

- A. 60 %
- B. 70 %
- C. 65 %
- D. 75 %

(12) 1200 boys and 800 girls appeared in an examination. If 60% of the boys and 40% of the girls passed the examination, what is the percentage of candidates who failed in the examination?

- A. 48 %
- B. 52 %
- C. 45 %
- D. 42 %

(13) Ram spends 70% of his salary and deposits 15 % of his salary in the bank. If he is left with Rs. 1500, what is his monthly salary?

- A. Rs.9000
- B. Rs.9500
- C. Rs.10000
- D. Rs.10500

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Session 3: Average

- (1) Average age of a group of 30 boys is 16 years. A boy of age 19 leaves the group and a new boy joins the group. If the new average age of the group is 15.8 years, find the age of the new boy.
- (2) The average weight of 10 men is decreased by 2 kg when one of them whose weight is 60 kg is replaced by a new man. What is the weight of the new man?
- (3) The average age of 30 boys in a class is 15 years. If we include the age of two teachers the average age increases by 1. Find the sum of ages of the two teachers.
- (4) Four years ago, the average age of A and B was 20 years. If today average age of A, B and C is 25 years, what will be age of C after 7 years?
- (5) The average monthly income of Rakesh and Suresh is Rs. 5050. The average monthly income of Suresh and Ramesh is Rs. 6250 and the average monthly income of Rakesh and Ramesh is Rs. 5200. What is the monthly income of Rakesh?
- (6) Three years ago, the average age of Anita, Nisha, and Varsha was 27 years. If five years ago, the average age of Nisha and Varsha was 20 years, find the present age of Anita.
- (7) A museum has an average of 510 visitors on Sunday and 240 on other days. Find the average number of visitors per day in a month of 30 days beginning with a Sunday.
- (8) In a class average age of 15 boys is 11. If 5 boys each of age 9 years are added, what would be the new average?

Exercise – 3 (Objective Type Questions)

(9) The average age of the committee of 10 members is 40 years. A member of age 52 retires and a new member of age 38 takes his place. What is the average age of the present committee?

- A. 38.6 years
- B. 33.5 years
- C. 35.5 years
- D. 37.5 years

(10) What is the average of first five natural numbers?

- A. 5
- B. 2
- C. 3
- D. 4

(11) If the sum is 240 and average is 40, find the number of quantities.

- A. 5
- B. 8
- C. 5
- D. 6

(12) The average weight of 8 women increases by 2.5 kg when a new woman replaces one of them weighing 65 kg. Find the weight of the new woman.

- A. 20
- B. 85
- C. 67
- D. 80

(13) The average weight of P, Q and R is 45 kg. If the average weight of P and Q is 40 kg and that of Q and R is 43 kg, what is the weight of Q?

- A. 32
- B. 65
- C. 67
- D. 31

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Session 4: Ratio and Proportion

- (1) A: B: C is in the ratio of 3: 2: 5. How much money will C get out of Rs 1260?
- (2) If a: b is 3: 4 and b: c is 2: 5. Find a: b: c.
- (3) A: B is 1: 2; B: C is 3: 2 and C: D is 1:3. Find A: B: C: D.
- (4) 5600 is to be divided into A, B, C, and D in such a way that the ratio of share of A: B is 1: 2, B: C is 3: 1, and C: D is 2: 3. Find the sum of (A and C) and (B and C).
- (5) The ratio of income of two workers A and B are 3: 4. The ratio of expenditure of A and B is 2: 3 and each saves Rs 200. Find the income of A and B.
- (6) Pervez, Sunny, and Ashu Bhati alone can complete a piece of work in 30, 50, and 40 days. The ratio of their salaries of each day is 4: 3: 2 respectively. The total income of Parvez is Rs 144. Find the total income of Sunny.
- (7) The price of silver-biscuit is directly proportional to the square of its weight. A person broke down the silver-biscuit in the ratio of 3: 2: 1, and faces a loss of Rs 4620. Find the initial price of silver-biscuit.
- (8) A bag contains Rs 410 in the form of Rs 5, Rs 2, and Rs 1 coins. The number of coins is in the ratio 4: 6: 9. So, find the number of 2 Rupees coins.

Exercise – 4 (Objective Type Questions)

(9) The ratio of the salary of A and B, one year ago is 3: 2. The ratio of original salary to the increased salary of A is 2: 3 and that of B is 3: 4. The total present salary of A and B together is Rs. 21500. Find the salary of B.

- A. 6000
- B. 7000
- C. 8000
- D. 9000

(10) The ratio of the expenditure of Pervez, Sunny, and Ashu are 16: 12: 9 respectively and their savings are 20%, 25%, 40% of their income. The sum of the income is Rs 1530, find Sunny's salary.

- A. 200
- B. 480
- C. 300
- D. 420

(11) A person covers the different distances by train, bus, and car in the ratio of 4: 3: 2. The ratio of the fair is 1: 2: 4 per km. The total expenditure as a fair is Rs 720. Find the total expenditure as fair on the train.

- A. 140
- B. 150
- C. 160
- D. 170

(12) B is inversely proportional to the cube of A. If B=3, A=2. If B = 8/9. Find the value of A.

- A. 3
- B. 5
- C. 6
- D. 4

(13) Rs 7800 are distributed among A, B, and C. The share of "A" is the $\frac{3}{4}$ of the share of B, and the share of B is the $\frac{2}{3}$ of the share of C. Find the difference between the share of B and C.

- A. 1200
- B. 1300
- C. 1500
- D. 800

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Aptitude Training

Session 5: Time and Work

- (1) Worker A completes a task in 8 days, and worker B completes the same task in 10 days. If both A and B work together, in how many days they will complete the task?
- (2) Vikas and Mohan working together can complete a work in 6 days. If Vikas alone completes the same work in 10 days, in how many days Mohan alone can complete the same work?
- (3) A can do a work in 10 days and B can do the same work in 15 days. If they start working together but stop working after four days, find the fraction of the work that is left.
- (4) If 5 men can colour 50-meter long cloth in 5 days, in many days 4 men can color a 40-meter long cloth?
- (5) If 4 men can finish 4 times of a work in 4 days, in how many days 6 men can finish the 6 times of same work ?

Exercise – 5 (Objective Type Questions)

- (9) Peter is twice as good as workman as Tom. When they work together they can finish a task in 16 days. If Tom works alone, in many days he will complete the task?
- A. 46 days
B. 48 days
C. 50 days
D. 52 days

(10) A can do a job in 12 days and B can do the same job in 10 days. With the help of C they can do the same job in 4 days. In how many days C alone can do this job?

- A. 15 days
- B. 14 days
- C. 13 days
- D. 12 days

(11) A can do a piece of work in 10 days. B is 50% more efficient than A. In how many days B alone can do the same job?

- A. 6.2 days
- B. 6.6 days
- C. 7 days
- D. 7.2 days

Session 5: Speed, Time and Distance

(6) A running man crosses a bridge of length 500 meters in 4 minutes. At what speed he is running?

(7) A horse covers a distance of 1500 meters in 1 minute 20 seconds. At what speed the horse is running?

(8) Two boys start running at the same time in the same direction at a speed of 10 km/hr and 12 km/hr respectively. In what time they will be 8 km apart?

Exercise – 5 (Objective Type Questions)

(12) A car running at a speed of 140 km/hr reached its destination in 2 hours. If the car wants to reach at its destination in 1 hour, at what speed it needs to travel?

- A. 300 km/hr
- B. 280 km/hr
- C. 250 km/hr
- D. 240 km/hr

(13) A jogger is running at a speed of 15 km/hr. In what time he will cross a track of length 400 meters?

- A. 96 sec
- B. 100 sec
- C. 104 sec
- D. 110 sec

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Session 6: Profit & Loss

- (1) A shopkeeper sold an article for Rs. 2500. If the cost price of the article is 2000, find the profit percent.
- (2) A man purchases a TV for Rs. 8000 and sells it at 10% loss. What is the selling price of T.V?
- (3) Suresh bought a cell phone from a shop. If he sells it at Rs. 8400 to Mahesh and earns a profit of 12%, find the price at which Suresh bought the cell phone.
- (4) Mohan bought an article at 25% less of the marked price and sold it at 15% more than the marked price. Find the profit earned by him.
- (5) The cost price of 30 articles is equal to the selling price of 25 articles. What is the profit percentage in this transaction?

Exercise – 6 (Objective Type Questions)

- (9) Ramesh bought a chair for Rs. 1540 and sold it to Suresh. If Ramesh earned a profit of 25%, find the selling price of chair.
- A. Rs.1875
B. Rs.1900
C. Rs.1925
D. Rs.1950

(10) A shopkeeper purchases a table and sells it for Rs. 4200. If he incurs a loss of 20%, find the cost price of table.

- A. Rs.5250
- B. Rs.5150
- C. Rs.5052
- D. Rs.5200

(11) If the cost price of 120 mangoes is equal to the selling price of 100 mangoes, what is the profit percent in this transaction?

- A. 15%
- B. 17%
- C. 20%
- D. 21%

Session 6: Simple Interest

(6) If Suresh borrows Rs. 36000 from Mahesh at rate of interest 6% S.I, at the end of four years how much interest Suresh has to pay along with principal amount?

(7) In how many years the simple interest on Rs. 6000 at 10% rate of interest S.I will become Rs. 1800?

(8) In what time Rs. 6000 will give interest of Rs. 720 at the rate of 6% p.a. S.I.?

Exercise – 6 (Objective Type Questions)

(12) Sohan has borrowed Rs. 5000 at the rate of 6% S.I. what amount he needs to pay after 3

years to clear the debt?

- A. Rs. 5500
- B. Rs. 5900
- C. Rs. 6100
- D. Rs. 6300

(13) In what time Rs. 6000 will give interest of Rs. 720 at the rate of 6% p.a. S.I.?

- A. 1.5 years
- B. 2 years
- C. 2.5 years
- D. 3 years

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TRAINING CELL

Aptitude Training

Session 7: Logical Reasoning (Verbal)

- (1) Which number would fill the empty space in the series; 4, 7, 12, 19, _, 39?
- (2) Find the wrong number in the series, 2, 6, 15, 31, 56, 93.
- (3) CKDL, EKFL, GKHL, _, KKLL, find the missing letters.
- (4) Find the missing letters in the series, E₃FG, _, E₅FG, E₆FG, E₇FG.
- (5) Find the missing letters in the series, BKK, DMM, FOO, _, JSS.

Exercise – 7 (Objective Type Questions)

- (9) Look at the series, 77, 70, 63, 56, 49, _, which number should come next?
 - A. 42
 - B. 46
 - C. 44
 - D. 48
- (10) Find the missing number in the series; 196, 169, 144, _, 100, 81.
 - A. 111
 - B. 131
 - C. 121

D. 141

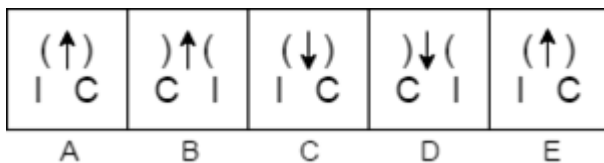
(11) Find the missing letters in the series, GAH, IBJ, KCL, MDN, _.

- A. OEG
- B. OEP
- C. OEB
- D. OEA

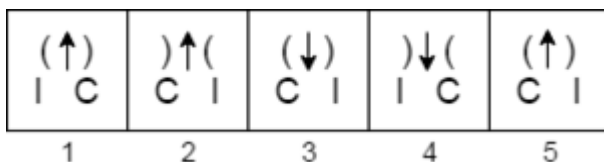
Session 7: Logical Reasoning (Non-Verbal)

(6) Which answer figure will continue the same series as established by the problem figures?

Problem figures;

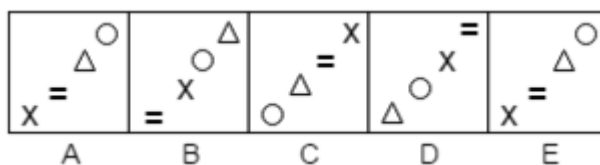


Answer figures;

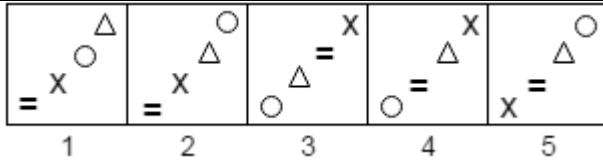


(7) Which answer figure will continue the same series as established by the problem figures?

Problem figures;

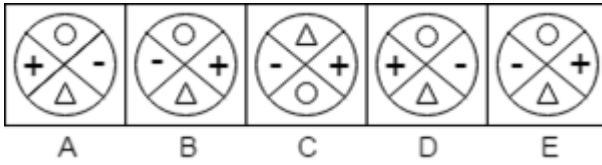


Answer figures;

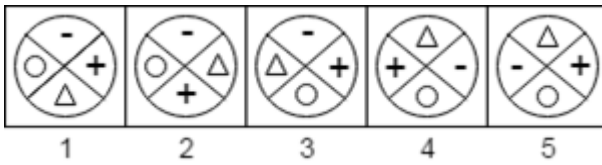


(8) Which answer figure will continue the same series as established by the problem figures?

Problem figures;




Answer figures;



5. The following training program was conducted through offline mode organized by VSVN training cell and sponsored by VSVN alumni.

S.NO.	TOPIC	Period	NO. OF PARTICIPANTS	PARTICIPANTS
1	VISION 2025	July 2022 to April 2023	72	1 st Year Students

Vision 2025	
<p>Vision 2025 (04.03.2023)</p> 	<p>Vision 2025 (08.04.2023)</p> 